

# Prophet (SAW)'s Prayers – (Part-1)

## FOR TREATMENT OF DISEASES

### A-01

#### WHEN TIRED OF LIFE –DEPRESSION

Due to difficulty death is sought but one should never pray for death instead pray this:

اللَّهُمَّ أَحْيِنِي مَا كَانَتْ الْحَيَاةُ خَيْرًا لِي وَتَوَفَّنِي إِذَا كَانَتْ الْوَفَاةُ خَيْرًا لِي

"O Allah keep me alive as long as is good for me and when death is better for me lift me".

(Mishkat)

### A-02

#### DUA ON A BURN INJURY

Read blow on the burnt person:

أَذْهِبِ الْبَأْسَ رَبِّ النَّاسِ اشْفِ أَنْتَ الشَّافِي لَا شَافِيَ إِلَّا أَنْتَ

"O Lord of all mankind, remove the difficulty and grant relief (for) there is no One but You who grants relief (cure)".

(Hisnul Hasin)

By blowing is meant, let the two lips meet a little and blow in such a manner that a very little saliva emits.

This applies in all cases where blowing is mentioned.

### A-03

#### WHEN FEVER OR PAIN INCREASES

بِسْمِ اللَّهِ الْكَبِيرِ أَعُوذُ بِاللَّهِ الْعَظِيمِ مِنْ شَرِّ كُلِّ عَرَقٍ نَعَارٍ وَمِنْ شَرِّ حَرِّ النَّارِ

"I seek relief taking Allah's great blessed name from all the evils of pulling (pulsating) nerves and from the evils of the hot fire".

(Tirmidhi)

It is prohibited to speak ill of fever. When Umme Sahabia (R.A.) spoke ill of fever then Prophet Mohammad (SAW) said, "do not abuse fever for it removes the sins of man like the furnace removes the rust from the iron".

(Mishkat)

### A-04

#### FOR KIDNEY STONE OR URINATION PROBLEMS

Blow on the one who has stopped urinating or has stone ailment or any other difficulty:

رَبُّنَا اللَّهُ الَّذِي فِي السَّمَاءِ تَقَدَّسَ اسْمُكَ أَمْرُكَ فِي السَّمَاءِ وَالْأَرْضِ كَمَا رَحِمْتَنَا فِي الْأَرْضِ وَاعْفُفْنَا وَخَطَايَانَا أَنْتَ رَبُّ

الطَّيِّبِينَ فَأَنْزِلْ شِفَاءً مِنْ شِفَائِكَ وَرَحْمَةً مِنْ رَحْمَتِكَ عَلَى هَذَا الْوَجَعِ

"Our Lord is Allah who is in the skies (worthy of worship). Your name is Pure. Your authority is prevalent in the sky and earth, just as Your Mercy is in the sky thus lower it on earth as well and forgive our sins and errors. You are the Lord of the pure ones thus descend upon this pain a cure (relief) from Your reliefs/cures and descend a Mercy from amongst Your Mercies on this pain.

If someone is smitten by a poisonous animal then read Surah Fatiha 7 times and blow on the animal"

(Hisn from Tirmidhi)

A-05

IF SOMEONE IS NOT MENTALLY STABLE THEN

READ

**SURAH FATIHA**

**BLOW ON THAT PERSON.**

(Abu Dawood and Nisani)

A-06

**FOR PAIN OF THE EYE**

Read this and blow on the ailing eye:

بِسْمِ اللَّهِ اللَّهُمَّ أَذْهِبْ حَرَّهَا وَبَرْدَهَا وَوَصَبَهَا

"I take the name of Allah and blow, O Allah remove its heat, cold and sickness Then say by the will of Allah".  
(Hisn from Nisai etc)

A-07

**FOR EYE PAIN**

Read this and blow on the ailing eye:

اللَّهُمَّ مَتَّعْنِي بِبَصَرِي وَاجْعَلْهُ الْوَارِثَ مِنِّي وَأَرْنِي فِي الْعُدُوِّ تَأْرِي وَأَنْصُرْنِي عَلَى مَنْ ظَلَمَنِي

"O Allah grant me benefit from my eyesight and keep it (maintain it) till my death and give me power over my enemies and give me aid against those who oppress me".

(Hisn)

A-08

**FOR ANY ANIMAL (COW/BUFFALO) THAT BECOMES SICK**

**Recite:**

لَا بَأْسَ أَذْهِبِ الْبَأْسَ رَبِّ النَّاسِ اشْفِ أَنْتَ الشَّافِي لَا يَكْشِفُ الضَّرَّ إِلَّا أَنْتَ

"There is no problem, O Lord of mankind, remove the difficulty (and) grant relief for you are the One who grants relief. There is no one but You who removes difficulties."

Read this and blow 3 times on the right udder and 3 times on the left udder.

(Hisn from Abi Shaiba Maqoofaan from Ibn Masood (R.A.))

A-09

**AT THE TIME OF FIRE**

**EXTINGUISH THE FIRE BY RECITING:**

اللَّهُ أَكْبَرُ

The author of Hisnul Hasin says that this is proven.

(Abu Yala and Ibn Al-Sunni)

## A-10

### DUA BY AN ILL PERSON

Prophet Mohammad (SAW.) said that if an ill person recites the following dua forty times and dies in that illness, he will be rewarded as a martyr and if he regains his health, all his sins will be forgiven:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

"There is none worthy of worship besides You O Allah, You are pure, and I have oppressed my soul".

(Mustadrak)

### **IN ANOTHER HADITH, PROPHET MOHAMMAD (SAW.) SAID**

That if a person recites the following dua during his illness and dies, then the fire of Jahannam is forbidden for him.

(Hisnul Hasin from Trimidhi etc.)

لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا إِلَهَ إِلَّا اللَّهُ وَلَا شَرِيكَ لَهُ لَا إِلَهَ إِلَّا اللَّهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ لَا إِلَهَ إِلَّا اللَّهُ وَلَا حَوْلَ وَلَا  
قُوَّةَ إِلَّا بِاللَّهِ

"There is none worthy of worship besides Allah, He is the greatest. There is none worthy of worship besides Allah, He is all by Himself.

There is none worthy of worship besides Allah. He has no partner with Him. His is the Kingdom and all Praise. He is the one to grant us the ability to save ourselves from sinning and to do good".

## A-11

### TO SOOTHE ILL CHILDREN

أَعِيذُكَ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ وَمِنْ كُلِّ عَيْنٍ لَامَّةٍ

To soothe children during illness or at any harm recite:

"I seek refuge in Allah with His total words from the evil Satan, from every poisonous animal and from the evil eye". (Bukhari)

If any member of Prophet Mohammad (SAW.)'s household fell ill, he used to recite the the four Quls and blow on them.

## A-12

### FOR THE CURE OF ANY ILLNESS

Ayesha (R.A.) stated that when anyone among them had an illness, Prophet Mohammad (SAW.) used to rub the area of the pain reciting the following dua:

أَذْهِبِ الْبَأْسَ رَبِّ النَّاسِ وَاشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ شِفَاءٌ لَا يُعَادِرُ سَقَمًا

"O Lord of the people, remove this pain and cure it, You are the one who cures and there is no one besides You who can cure, grant such a cure that no illness remains".

"Ayesha (R.A.) stated that when Prophet Mohammad (SAW.) Was ill, he used to recite the four Quls, blow on his hands and pass them over on the back and front. He also recited these surahs, blew on his hands and passed them over his body during his fatal illness".

(Bukhari, Muslim)

### **A-13**

#### **FOR ANY CALAMITY**

When any calamity comes, even if pricked by a thorn recite:

إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ اللَّهُمَّ أَجْرُنِي فِي مُصِيبَتِي وَاخْلُفْ لِي خَيْرَ أَمْرٍهَا

"Definitely we are from Allah and to Him is our return. O Allah, grant reward in my calamity and grant in its place a good substitute".

(Muslim)

### **A-14**

#### **IF THERE IS AN INFECTION ON THE BODY,-**

wet the Shahaadat finger with saliva from the mouth, place it on the ground and then rub it on the infection while reciting:

بِسْمِ اللَّهِ تُرْبَةُ أَرْضِنَا بَرِيْقَةٌ بَعْضِنَا لِشَفِي سَقَمَنَا يَا ذَنْ رَبِّنَا

"In the name of Allah, with the blessings of this soil of our land which I mixed with the saliva so that the ailment is cured by the order of our Lord".

(Bukhari, Muslim)

### **A-15**

#### **IF THERE IS PAIN ON THE BODY, PLACE THE RIGHT HAND ON THE PAIN,**

recite "Bismillah" thrice and the following dua seven times:

أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَحْدُو وَأُحَازِرُ

"I seek refuge in the Being and Power of Allah from the effects of which I am in and from that which I fear".

### **A-16**

#### **UPON THE THOUGHT OF A BAD OMEN**

If for no reason the thought of a bad omen comes to mind, then recite:

اللَّهُمَّ لَا يَأْتِي بِالْحَسَنَاتِ إِلَّا أَنْتَ وَلَا يَذْهَبُ بِالسَّيِّئَاتِ إِلَّا أَنْتَ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِكَ

"O Allah, you bring into existence the good and only you can remove any bad condition, as the power to do good and prevent from evil is in Your control".

### **A-17**

#### **DUA WHEN SNEEZING**

Say:

الْحَمْدُ لِلَّهِ

"All praise is for Allah".

**A-18**

**WHEN ONE TALKS TOO FAST**

Recite:

أَسْتَغْفِرُ اللَّهَ

"I seek Allah's forgiveness".  
The speed will then reduce.

(Nisai)

**A-19**

**WHEN SOMETHING IS LOST**

Recite:

اللَّهُمَّ رَادَّ الضَّالَّةِ وَهَادِيَ الضَّالَّةِ أَنْتَ تَهْدِي مِنَ الضَّالَّةِ ارْزُدْ عَلَيَّ ضَالَّتِي بِقُدْرَتِكَ وَسُلْطَانِكَ فَإِنَّهَا مِنْ عَطَائِكَ وَفَضْلِكَ

"O Allah, the One who returns the lost, by Your power and awe return what I have lost, for surely I have received it as Your gift and favour (boon)".

(Hisnul Hasin)

**A-20**

**FOR THE PROGRESSION OF WEALTH**

Recite:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ عَبْدِكَ وَرَسُولِكَ وَعَلَى الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَعَلَى الْمُسْلِمِينَ وَالْمُسْلِمَاتِ

"O Allah, descend mercy on Muhammad (S.A.W.) who is Your servant and Rasul and all the male and female Mo'mins and also all the male and female Muslims".

(Hisnul Hasin from Abu Yala)

**A-21**

**WHEN IN ANY DIFFICULTY**

Recite:

اللَّهُمَّ رَحْمَتِكَ أَرْجُو فَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ وَأَصْلِحْ شَأْنِي كُلَّهُ لَا إِلَهَ إِلَّا أَنْتَ

"O Allah, I hope for Your mercy, do not leave me for even the duration of an eye blink (duration) and correct my total condition. Besides You there is none worthy of worship".

(Hisnul Hasin)

**ALTERNATE DUA**

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

"Allah is sufficient for us and He is the Best Guardian".

(Quran, Surah Al-Imraan)

**ALTERNATIVELY RECITE**

اللَّهُ اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئاً

"Allah is my Lord, I do not ascribe anything unto Him".

(Hisnul Hasin from Abu Dawood)

**OR RECITE**

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

## A-22

### WHEN THE ENEMY SURROUNDS

Recite:

اللَّهُمَّ اسْتُرْ عَوْرَاتِنَا وَآمِنْ رَوْعَاتِنَا

"O Allah, save our honor and remove the fear and keep us safe"

(Hisnul Hasin)

## A-23

### WHEN SOMEONE IS IN A DIFFICULTY

Recite:

الْحَمْدُ لِلَّهِ الَّذِي عَافَانِي مِمَّا ابْتَلَاكَ بِهِ وَفَضَّلَنِي عَلَى كَثِيرٍ مِمَّنْ خَلَقَ تَفْضِيلًا

"All praise belongs to Allah who has saved me from such a condition which is afflicted on you and favored me over many creations". The virtues of this dua is that the reciter will be saved from the difficulties he has seen.

(Mishkat)

Note:

Read the dua softly so that the person in difficulty may not hear it, on the other hand if the person in difficulty is engaged in sin then it should be read aloud so that they may learn a lesson.

## A-24

### AT THE TIME OF EMISSION OF SPERM

When the sperm comes out, recite the following dua in the heart:

اللَّهُمَّ لَا تَجْعَلْ لِلشَّيْطَانِ فِي مَا رَزَقْتَنِي نَصِيبًا

"O Allah, let Satan not be part of the children You grant us".

## A-25

### AFTER HAVING A NIGHTMARE

Upon having a nightmare, recite:

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ غَضَبِهِ وَعِقَابِهِ وَشَرِّ عِبَادِهِ وَمِنْ هَمَزَاتِ الشَّيَاطِينِ وَأَنْ يَخْضُرُونَ

With the total words of Allah, I seek protection from His wrath, from His punishment and from the servants evil and from the whispers of Satan and I seek protection from (these) coming to me.

(Hisnul Hasin)

## A-26

### ON HAVING A GOOD DREAM, RECITE:

"Alhamdulillah" and relate it to an intimate companion of understanding (So that the companion does not interpret the dream badly). If a person has a bad dream, then spit three times over the left shoulder and turn to the other side or stand up to perform Salaat reciting the following dua three times:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ وَمِنْ شَرِّ هَذِهِ الرُّؤْيَا

"I seek refuge in Allah from the accursed Satan and from the evil of this dream. "The dream will not cause any harm. (Misjkat, Hisnul Hasin)

It is a great sin to conjure a false dream and narrate it.

(Bukhari)

**A-27**

**TO BE RECITED WHEN HAVING DIFFICULTY OBTAINING SLEEP**

اللَّهُمَّ غَامَتِ النُّجُومُ وَهَدَأَتِ الْعُيُونُ وَأَنْتَ حَيٌّ قَيُّومٌ \* لَا تَأْخُذُكَ سِنَّةٌ وَلَا نَوْمٌ يَا حَيُّ يَا قَيُّومُ أَهْدِنِي لَيْلِي وَأَنْزِمْ عَيْنِي

"O Allah the stars have gone far away and the eyes are rested. You are Alive and Infinite, You do not slumber nor does sleep overtake You. Oh, Alive and the Everlasting One grant me rest tonight and let my eyes sleep (close).

(Hisnul Hasin)